

Emptying the Nest Made Easy

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When it's time to move or sell your home, is an estate sale a good option or should you donate items to charities? Which nonprofits accept furniture and household goods? What is the best way to dispose of paints, stains and paint thinners? What items can be recycled? Sharon Fischman of Empty the Nest answered these and other questions when she recently spoke at a Dementia Support Group meeting for caregivers at Cerenity Senior Care –South St. Paul. Sharon makes emptying a home prior to a move seamless for the owner. She also connects with artists who repurpose materials, such as Linda Pechous. Linda builds furniture from wooden skis, paddles and deck materials.